School District LEAP ACADEMY Upper, Stem, Santiago Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
FRENCH TOAST W/	4 OAT-MEAL W/	5 pancake w/ blueberry	6 turkey ham- cheese	7 croissant –Turkey bacon-	What is a Meal?
SYRUP	fresh fruits	syrup	eggs on bagle	eggs- cheese	Students must choose at least 3 of the 4 components available for the school breakfast price.
Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	- Choice of Whole Grain - Choice of Protein - Choice of Fruit - Choice of Milk
10 Cream of Wheat w/ Toast	English muffin w/	turkey ham- cheese eggs on bagel	yogurt & fruit parfait	EARLY DISMISSAL 14 Assorted Cereal	A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable breakfast. Students must take all
Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	components of a meal Whole Grain Cereals
SCHOOL CLOSE PRESIDENT DAY	18 Turkey HAM&CHEESE on a whole grain croissant	yogurt & fruit	EARLY DISMISSAL 20 Assorted Muffin	break-fast taco 21 scramble eggs cheese on SOFT TORTILLA	(served with toast) Cinnamon Toast Crunch, Trix, Cocoa Puffs, Fruity Cheerios, Cheerios, Froot Loops, Frosted Flakes, Cereal bar
SCHOOL CLOSE PRESIDENT DAY	Assorted Cereals Choice of: String Cheese or Graham Cracker	Choice of Fruit Sea son al fresh fruits, canned fruit in light syrup, 100% fruit juice			
croissant – Turkey bacon- eggs- cheese	FRENCH TOAST W/ SYRUP	English muffin w/ cheese	Warmed WG Biscuit w/ Assorted Jelly	Scramble Eggs w/Toast	Choice of Milk 1% white, chocolate, and strawberry
Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	Assorted Cereals Choice of: String Cheese or Graham Cracker	
Executive Chef – Michele Pastorello 856-614-70105 Jessica Rojas- General Manager 856-614-5081 Rogelio Ortiz- Operational Manager 856-641-70106			Meal Prices Student Breakfast Reduced Breakfast Faculty Breakfast	\$0.00 \$0.00 \$0.00	Metz CULINARY MANAGEMENT ENVIRONMENTAL SERVICES

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.



School District LEAP ACADEMY

Upper, Stem, Santiago Lunch Menu



RAVIOLI DI CARNE (GROUND BEEF SAUCE),					
RAVIOLI DI CARNE					What is a Meal?
(GROUND BEFF SAUCE)	4 RICE&BEANS CHICKEN	5 TERIAKY Chicken	6 BBQ CHICKEN	7	Students must choose at least 3 of the 5 components available for the
` p	PUERTORICAN STYLE	MASHED POTATO	GARLIC BREAD	Pizza margherita mozza rella & tomato	school lunch price.
Chicken Patty Sanwich	Cheese burger	Beef Que sadillas	Turkey Hot Dog		- Choice of Whole Grain - Choice of Protein - Choice of Veg etable - Choice of Fruit
	FEATURED VEGGIES COLIFLOWER&PEAS Romain salad	FEATURED VEGGIES mix green salad SAUTEE BROCCOLI	FEATURED VEGGIES julienne carrots mix-green-salad	FEATURED VEGGIES mix green salad SAUTEE BROCCOLI	- Choice of Milk A minimum ½ cup serving of fruit or
BRAVOI	vegetable must accompany a reimbursable lunch.				
	11 chicken nuggets WG roll	SPAGHETTI W/MEAT-BALL	Pizzaiola steak w/ green peas	EARLY DISMISSAL 14	Students must take all components of a meal
	Beef Tacos w/ Lettuce,	GARLIC BREAD	General Tso's Chicken w/	BAG LUNCH Turkey Ham & Cheese WG	Choice of Vegetable
Chicken Parmigiana WG roll	beans cheese	Italian Hoagie	Rice	bread, Carrot Bag	Hot vegetable, leafy salad, composed bean salad, seasonal
ROMAINE SALAD	FEATURED VEGGIES Green Salad	FEATURED VEGGIES OVEN BAKE FRIES	FEATURED VEGGIES steam broccoli		fresh vegetables
STEAMED CARROTS	Steamed Corn	CAULIFLOWER GRATIN	mix green salad		Choice of Fruit Seasonal fresh fruits,
BRAVOI					canned fruit in light syrup, 100% fruit ju ice
17	BEEF ENCHILADA	19 BAKE MAC&CHEESE	EARLY DISMISSAL 20	21 Pizza margherita	Choice of Milk
NO SCHOOL PRESIDENT DAY	SOFT SHELL	W/GROUND BEEF SAUCE	BAG LUNCH	mozzarella & tomato	1% white, chocolate, and strawberry
TREGIDENT DAT	Corn Dog	Chef Salad	Chicken Patty Sandwich, Carrot Bags		·
NO SCHOOL F PRESIDENT DAY	FEATURED VEGGIES Green Beans	FEATURED VEGGIES OVEN BAKE FRIES		FEATURED VEGGIES OVEN BAKE FRIES	Daily Alternates Fresh Entree Salad of the Week
TRESIDENT DAT	Romaine Salad	CAULIFLOWER GRATIN		SPINACH SALAD	Craveables Weekly Cold Cut Sandwiches or
BRAVOI	Wraps				
24	25	26	27	28	Daily entrée Option May Include
LASAGNA BOLOGNESE	Huli-huli chicken	CHICKEN PARMIGIANA	Sloppy joe, brown rice	Beef & beans so up w/WG Toast	- Cheese Burger
garlic bread F Salisbury Steak	Hawaiian style WG Roll Tuna Sandwich	MASHED POTATO	Penne Alfredo w/ Chicken	Chicken Quesadillas	- WG Chicken Patty
,		Cheese Burger			- WG Spicy Chicken Patty
	FEATURED VEGGIES arlic Salted Green Beans	FEATURED VEGGIES ROMAIN SALAD	FEATURED VEGGIES Sautee green peas	FEATURED VEGGIES SPINACH SALAD	- Garden Salad
GLAZE CARROTS	SPINACH SALAD	SAUTEE BROCCOLI	Steam Corn	Garbanzo Salad	- Crispy Chicken wrap
					- Spicy Chicken wrap
				国3428 国	- Turkey Ham & Cheese sandwich
					(V) Vegetarian These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg (VG) Vegan These items do not contain any animal products
Executive Chef – Micl	thele Pastorello 856	5-614-70105	Meal Prices		N/10+-
Jessica Rojas- General Manager 856-614-5081			Student Breakfast Reduced Breakfast	\$0.00 \$0.00	LVLELA
Rogelio Ortiz- Operat	tional Manager 856	5-641-70106	Faculty Breakfast	\$0.00	ENVIRONMENTAL SERVICES